


































	Wheat (gluten)	Milk (dairy)	Celery / Celeriac	Soya	Lupin	Mustard	Molluscs	Fish	Crustaceans	Nuts	Sesame	Sulphur Dioxide	Egg
BREAKFAST & BRUNCH													
GG,SOURDOUGH BE GLUTEN,EGG,DAIRY, FREE UTEN, DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
BREAKFAST BAPS: (BACON, SAUSAGE,CHEESE,AVOCADO,EGG,VEGAN CHEESE, VEGAN GES,BLACK PUDDING,MUSHROOMS) CAN BE GLUTEN,DAIRY,EGG FREE (EGG,SULPHUR, GLUTEN,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
SAUSAGE,BACON,FREID EGG,TOMATO,MUSHROOM,BEANS, BLACKPUDDING,SOURDOUGH TOAST,BUTTER CAN BE GLUTEN, EGG,DAIRY FREE (EGG, GLUTEN,DAIRY, SULPHUR)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
VEGETARIAN BREAKFAST:VEGAN SAUSAGE,FRIED EGG,TOMATO, MUSHROOM,BEANS,AVOCADO,SOURDOUGH TOAST,BUTTER , CAN BE GLUTEN,EGG,DAIRY FREE (EGG, GLUTEN,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
HOCOLAT: (EGG, GLUTEN,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
FREE JAM,BUTTER (GLUTEN,BUTTER)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
STARTER & SMALL PLATES													
BREADBOARD: SOURDOUGH & FOCACCIA, OLIVE OIL, BALSAMIC RB BUTTER CAN BE DAIRY FREE (GLUTEN,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											
BATH CHAPS: FRESH APPLE, GRANNY SMITH APPLE PUREE, (EGG, DAIRY,MUSTARD,CELERY,SOYA GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>
PAN SEARED TIGER PRAWNS: SOURDOUGH TOAST, SPICY GARLIC BUTTER CAN BE GLUTEN FREE (CRUSTACEANS,DAIRY, GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>				
SALT & PEPPER SQUID: CHILLI GARLIC & CHILLI AIOLI CAN BE GLUTEN FREE (SEAFOOD,MOLLUSCS,EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>
H ARANCINI LEGGIO CHEESE,POMODORO SAUCE,ROCKET,PARMESAN (DAIRY, GLUTEN,EGG,SOYA,CELERY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>									<input checked="" type="checkbox"/>
CRISPY BUTTERMILK CHICKEN WINGS: MARINATED IN CAJUN SPICE, BUTTER MILK, PANKO CRUMBED, RANCH SAUCE (GLUTEN, EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
HALLOUMI FRIES: CHILLI AIOLI (DAIRY,EGG)		<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
CORNISH MUSSELS COOKED IN CIDER HERBS: FRESH CREAM, BREAD,BUTTER CAN BE GLUTEN FREE (MOLLUSCS,DAIRY, GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>						
BURGERS													
GARRICKS HEAD WAGYU BURGER: MONTEREY JACK CHEESE, LETTUCE, TOMATO,ONION, PICKIES ,BURGER SAUCE, HOUSE SLAW, FRIES CAN BE GLUTEN FREE (GLUTEN,DAIRY,EGG,MUSTARD)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
BLACK BEAN & BEETROOT BURGER: MONTEREY JACK CHEESE, LETTUCE,TOMATO, ONION, PICKLES, BURGER SAUCE, HOUSESLAW, FRIES CAN BE GLUTEN FREE (GLUTEN,EGG,DAIRY,MUSTARD)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

													
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PUB CLASSICS													
FISH & CHIPS: FRESH BEER BATTER HADDOCK: FAT CHIPS, MUSHY PEA, TARTER SAUCE LEMON WEDGE CAN BE GLUTEN FREE (FISH, GLUTEN,EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>
MUSSELS AND CHIPS: CORNISH MUSSELS COOKED IN CIDER, FRESH CREAM, HERBS,SOURDOUGH, FRIES CAN BE GLUTEN FREE (MOLLUSCS,DAIRY,GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>						
8 OZ SIRLOIN STEAK: PORTOBELLO MUSHROOM, ROASTED TOMATO, GARLIC BUTTER, TRUFFLE PARMESAN FRIES CAN BE GLUTEN FREE & DAIRY FREE (DAIRY,GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											
SMOKEY CANNELLINI BEAN STEW: SEARED GREENS, HERB DUMPLING CAN BE GLUTEN FREE,VEGAN (GLUTEN,SOYA,CELERY)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>									
CIABATTA MELTS													
BBQ BEEF BRISKET: SLOW COOKED BEEF BRISKET, BARBECUE, PICKLES, CHEDDAR CHEESE,MUSTARD (MUSTARD,GLUTEN,EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>
CROQUE MONSIEUR: HOME COOKED HONEY ROAST HAM, BECHAMEL SAUCE, CHEDDAR CHEESE, MUSTARD (MUSTARD, GLUTEN,EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>
HALLOUMI AND AVOCADO: CAJUN MARINATED GRILLED HALLOUMI, TOMATO, GUACAMOLE, HARISSA MAYO (MUSTARD, DAIRY,EGG,GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>
TUNA MELT : TUNA MAYO, GHERKINS, CAPERS, DILL, SHALLOTS MIX, CHEESE,CUCUMBER CHEDDAR CHEESE (FISH,MUSTARD, DAIRY,GLUTEN,EGG)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>
TODAYS SPECIALS													
;HOMEMADE SOUP OF THE DAY GRILLED BREAD & BUTTER CAN BE GLUTEN FREE OR DAIRY FREE (GLUTEN,CELERY,SOYA,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>									
SHORT CRUST PIE: VEAL JUS, MASH, SEARED GREENS, BRAISED CABBAGE (GLUTEN,DAIRY,EGG)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
ESH MARKET FISH (PLEASE ASK FOR ALLERGENS)													
SIDES													
CHIPS (CAN BE GLUTEN FREE)	<input checked="" type="checkbox"/>												
SPICY FRIES (GLUTEN FREE)	<input checked="" type="checkbox"/>												<input checked="" type="checkbox"/>
E FRIES CAN BE GLUTEN FREE (DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											
IES CAN BE GLUTEN FREE	<input checked="" type="checkbox"/>												
CHILLI OIL,TOASTED ALMONDS (NUTS,DAIRY,GLUTEN FREE)		<input checked="" type="checkbox"/>								<input checked="" type="checkbox"/>			
SIDE SALAD (CAN BE GLUTEN FREE)													
DESSERT													

													
	Wheat (gluten)	Milk (dairy)	Celery / Celeriac	Soya	Lupin	Mustard	Molluscs	Fish	Crustaceans	Nuts	Sesame	Sulphur Dioxide	Egg
CHOCOLATE BROWNIE REAM OR ICE CREAM (GLUTEN,EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
FRUIT CRUMBLE: CREME ANGLAISE SERVED COLD CAN BE GLUTEN, EGG, DAIRY FREE (EGG,GLUTEN,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
UPSIDE DOWN CHOCOLATE CHEESE CAKE FRESH BERRY & MINT,CREME FRAICHE (EGG,GLUTEN,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
SELECTION OF ICE CREAM (DAIRY)		<input checked="" type="checkbox"/>											
ETON MESS: FRESH STRAWBERRIES & MINT,CHANTILLY CREM & ICE (EGG,DAIRY)		<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
SALADS													
STEAK SALAD: CHERMOULA MARINATED 3OZ/6OZ BAVETTE STEAK, WILD ROCKET, GEM LETTUCE, SLICED RED ONION, CHERRY RED RADDISH, BALSAMIC, OLIVE OIL DRESSING CAN BE GLUTEN FREE													
THAI SALAD:SPIRAL MOLI,CARROT,CUCUMBER,CRUSHED PEANUTS,FISH SAUCE,FRESH GARLIC,LIME,BIREDS EYE CHILLI, FRESH CORRIANDER,PLAM SUGAR (CAN BE GLUTEN FREE) (GLUTEN,NUTS,FISH,MOLLUSCS,CRUSTACEANS)	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
GOAT CHEESE SALAD: LAMB LETTUCE, APPLE, RAISIN, ROASTED SQUASH, WALNUTS, CHIVES, CROUTONS, MAPLE MUSTARD DRESSING CAN BE GLUTEN FREE (DAIRY, GLUTEN,MUSTARD,NUTS)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>			
CAESAR SALAD: LETTUCE, CROUTONS, CHIVES, CAESAR DRESSING, GRATED PARMESAN CAN BE GLUTEN FREE (EGG,GLUTEN,FISH, DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>
CHILDREN'S MENU													
SAUASAGE & CHIPS (GLUTEN,SULPHUR)	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>	
SMALL FISH &CHIPS :FRESH BEER BATTER HADDOCK,FAT CHIPS, CRUSHED MINTED PEAS,HOME TARTER SAUCE (EGG,FISH,DAIRY,GLUTEN)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>
PENNE PASTA: POMODORO SAUCE, PARMESAN CHEESE (GLUTEN, EGG,DAIRY)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
SUNDAY ROAST													
ALL ROAST SERVED WITH YORKSHIRE (DAIRY,GLUTEN,EGG)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>
ALL ROAST SERVED WITH ROASTED CAULIFLOWER & CHEESE (DAIRY,GLUTEN,MUSTARD)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>							
ROAST OF BEEF (SERVED PINK) (DAIRY,EGG,GLUTEN,MUSTARD)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ROASTED CHICKEN (DAIRY, GLUTEN,MUSTARD,EGG)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

													
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CARAMELISED ONION & SQUASH PIE: ROASTED VEG, BAKED CAULIFLOWER, GRAVY (DAIRY, MUSTARD, GLUTEN, EGG)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>
PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY ALLERGIES / INTOLERANCES													